

Army Information Update

Because information is power, we are informing you each personally and inspiring you to pass it along.

There are so many resources to help families thrive on their Army journey. We've pulled together the chart below to help as you more easily learn about them. This list is not exhaustive, but rather a starting point to access quality resources and programs developed with Army families in mind. *(updated Feb 2025)*

Description	Website Link	Quality of Life Effort
Find My Army Community Service Employment Readiness	https://www.armymwr.com/programs-and-services/personal-assistance/employment-readiness-program	Spouse Employment
Military Spouse Career & Education Opportunities (MYSECO)	https://myseco.militaryonesource.mil/portall/	Spouse Employment
Military Spouse educational opportunities & resources	https://myseco.militaryonesource.mil/porta/initiatives	Spouse Employment
Find My City's Chamber of Commerce	https://www.uschamber.com/co/chambers	Spouse Employment
American Corporate Partners (ACP)	https://www.acp-usa.org	Spouse Employment
Hiring Our Heroes	https://www.hiringourheroes.org/employers/	Spouse Employment

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Hire Heroes USA	https://jobs.hireheroesusa.org/?gclid=EAlaI QobChMIpci1jZPy5glVwsDACH0gLwfNEAAYASAAEgLz6fD_BwE	Spouse Employment
Military Spouse Corporate Career Network	https://militaryspousejobs.org	Spouse Employment
Military Spouse Ambassador Network	https://myseco.militaryonesource.mil/porta l/article/military-spouse-ambassador-network	Spouse Employment
The Paradigm Switch	https://veterans.columbia.edu/content/par adigm-switch	Spouse Employment
The USO	https://www.uso.org/careers	Spouse Employment
DoD Civilian Careers- Military Spouse Preference	https://www.dodciviliancareers.com/civilia ncareers/militaryspouses#:~:text=(USC)%2 01784.- ,Public%20Law%2099%2D145%2C%20ena cted%20in%201986%20and%20codified% 20at,accompany%20their%20sponsor%20 on%20a	Spouse Employment
Understanding Military Spouse Preference	https://www.militaryonesource.mil/educati on-employment/seco/understanding- military-spouse-preference/	Spouse Employment

Red Cross Dental Assistant Program	https://www.redcross.org/local/arkansas/about-us/news-and-events/news/red-cross-works-with-military-on-dental-assistant-training-.html	Spouse Employment
Military Spouse License Reciprocity	https://www.dol.gov/agencies/vets/veterans/military-spouses/license-recognition	Spouse Employment
Work for a Department of Defense (DoDEA) School	https://www.dodea.edu/offices/human-resources/work-dodea	Spouse Employment
Military Spouse Reimbursement for Re-Licensure & Home-Based Business Costs after a PCS	https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Reimbursement-of-Qualifying-Spouse-Relicensing-Costs-and-Business-Costs?serv=122	Spouse Employment
Syracuse University's D'Aniello Institute for Veterans and Military Families MilSpouse Employment and Entrepreneurial certifications and programs	https://ivmf.syracuse.edu/	Spouse Employment
Tricare- The Army's Health Insurance Plan	https://www.tricare.mil	Healthcare & Wellness
Find My Military Hospital's Website	https://www.tricare.mil/mtf	Healthcare & Wellness

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35 Armed Forces Wellness Centers- Find One Close to You!	https://ph.health.mil/organization/hpw/Pages/ArmyWellnessCenters.aspx	Healthcare & Wellness
Telemetrynd- Virtual Mental Health Support	https://www.telemetrynd.com/military	Healthcare & Wellness
Army Morale, Welfare & Recreation (MWR) Health & Fitness Activities	https://www.armymwr.com/programs-and-services/sports-fitness	Healthcare & Wellness
Army Community Service (ACS) Programs & Activities	https://www.armymwr.com/programs-and-services/personal-assistance	Healthcare & Wellness
Connect with a Chaplain on Your Installation	https://home.army.mil	Healthcare & Wellness
Find a Military and Family Life Counselor (MFLC) Near Me	https://www.militaryonesource.mil/resources/tools/mflc-locator/	Healthcare & Wellness
Find a Military and Family Life Counselor (MFLC) in my Child's School	https://mic3.net/school-liaisons/	Healthcare & Wellness
My Army Post App (MYAPA)- Orient yourself to your installation. Great information at your fingertips	Download it from the Apple App Store or Google Play	Healthcare & Wellness
Coming Soon! My Military Health- A Digital Platform for your healthcare needs- anytime, anywhere, always!	https://www.health.mil/News/In-the-Spotlight/My-Military-Health	Healthcare & Wellness

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Enterprise Exceptional Family Member (EFMP) Program	https://efmp.army.mil/EnterpriseEfmp/	Healthcare & Wellness
An Overview of Military Child Care Options & Resources	https://www.militaryonesource.mil/parenting/child-care/military-child-care-services/	Childcare
Find My Installation Child Development Centers and Parent Central	https://www.armymwr.com/programs-and-services/cys	Childcare
Child Care Fee Assistance- The Army's subsidy to help offset the cost of childcare for military families	https://www.childcareaware.org/fee-assistancerespite/military-families/army/	Childcare
Family Childcare-Childcare (FCC) in an approved on-post home	https://www.armymwr.com/programs-and-services/cys/family-child-care-homes?pk_vid=34c192772fd6cdf51730571524e03cce	Childcare
Find Child Development Centers on your Installation	https://www.armymwr.com/programs-and-services/cys/child-development-centers	Childcare
Military Childcare in Your Neighborhood (MCCYN)- if on-post care is not available due to distance or wait-list, you may be eligible to use an accredited off-post childcare	https://www.childcareaware.org/fee-assistancerespite/military-families/army/afa-program/	Childcare

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Military Families & YMCA Programs & Childcare	https://www.ymca.org/what-we-do/social-responsibility/military-outreach	Childcare
Childcare Aware of America- The Army's portal to find and help pay for quality childcare.	https://www.childcareaware.org/	Childcare
Childcare Aware Info on Military ONESOURCE	https://www.militaryonesource.mil/benefits/child-care-aware-of-america/	Childcare
DoD Military Outreach Initiative offering no-cost fitness facility memberships and respite childcare services for eligible families.	https://asymca.org/what-we-do/dod-moi/	Childcare
Military Childcare in your Neighborhood PLUS- An initiative expanding the off-post childcare facilities that can accept the fee assistance program. Only offered in some states.	https://www.childcareaware.org/fee-assistancerespite/feeassistancerespiteproviders/qrisc-mccyn-plus/	Childcare
Housing Services Office at your Installation- Your First Stop before renting or buying	https://www.housing.army.mil	Housing
Basic Allowance for Housing (BAH) Calculator	https://www.military.com/benefits/military-pay/basic-allowance-for-housing	Housing
My Installation's Relocation Readiness	https://www.armymwr.com/acs-relocation-readiness	Housing

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My Installation's Financial Readiness- Access a free Certified Financial Planner!	https://www.armymwr.com/programs-and-services/personal-assistance/financial-readiness	Housing
Look at Your City's Chamber of Commerce Website	https://www.uschamber.com/co/chambers	Housing
Attend Your Installation's Newcomer Welcome	https://home.army.mil	Housing
Connect with the School Liaison at Your Installation	https://www.armymwr.com/programs-and-services/cys/school-support-services	Education
Free Tutoring!	https://military.tutor.com/home	Education
Discover the Teen (11-18 yrs) Centers on Your Installation	https://www.armymwr.com/programs-and-services/cys/youth-centers	Education
Discover the School Age (6-12 yrs) Centers at Your Installation	https://www.armymwr.com/programs-and-services/cys/school-age-centers	Education
Military Child Education Coalition	https://militarychild.org	Education
Military Interstate Children's Compact Commission	https://mic3.net	Education
Going Back to School as a Military Spouse	https://www.militaryonesource.mil/education-employment/seco/going-back-to-school-as-a-military-spouse/	Education
Education & Developmental Intervention Services (EDIS). 0-3 yrs	https://www.edis.army.mil	Education

Overview of EDIS	https://download.militaryonesource.mil/12038/MOS/Factsheets/EFMP-Factsheet-EIS.pdf	Education
Find Scholarships for Military Spouses	https://myseco.militaryonesource.mil/portals/scholarships	Education
Scholarships for Military Dependents	https://www.armyemergencyrelief.org/wp-content/uploads/2022/05/Education-Resources-10-Oct-23.pdf	Education
Find Scholarships- A Search Engine	https://www.scholarships.com/	Education
Department of Defense Educational Activities (DoDEA) Schools	https://www.dodea.edu	Education
Understanding Individual Education Plans & 504 Plans	https://www.militaryonesource.mil/special-needs/educational-needs/iep-vs-504-plan-for-students-with-special-needs/	Education
Saving for your child's college/vocational education	https://www.militaryonesource.mil/education-employment/for-children-youth/financing-your-childs-college-education/	Education